

## Children's Cell Lesson #4

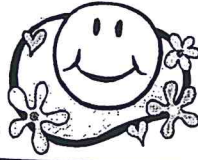
This sheet is for the cell leader. It has "Today's Story" on the back of it. Give your members and guests copies of the "Today's Story" sheet so they can read along.

### This week's key verse:

"This job is too heavy a burden for you to handle all by yourself" (Exodus 18:18).

### Here are some ways to have a great meeting:

**Play!**



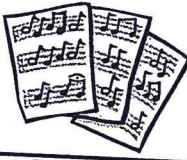
Say hello to everyone who comes to your meeting. Greet each person with a smile. Be friendly and help your guests to meet one another. Give your first-time visitors some extra attention. Take turns sharing something fun or funny that happened this week.

**Pray!**



Open your meeting in prayer. Ask God to bless the meeting. Pray for all your members and visitors. Let the Holy Spirit know that you want His presence in your meeting.

**Sing!**



Sing praises to the Lord and worship Him from your heart! This is an important part of your meeting. You can also praise the Lord by asking your guests to share something wonderful that God has done this week.

**Read!**



Read your key verse, or let each person take a turn reading it. That way you can hear it over and over again. Then read "Today's Story" and let each person have a turn. Taking turns helps everyone to pay attention.

**Talk!**



Help your group to talk about "Today's Story" and to answer some or all of the discussion questions. The cell leader must read the story and the Bible verses before the meeting begins. Ask a grown-up for help if you need it. And don't forget that God wants to help you with everything that you do!

**Pray!**



Close your meeting in prayer. Maybe someone in your meeting has a special need or wants to accept Jesus Christ as his Lord and Savior today! That's what cell group is all about!

### **Discussion Questions:**

1. Have you ever had to do something that was too hard for one person? What did you do?
2. Does someone in your family or someone else you love seem to work too hard? What can you do to help him? (You can pray for God to send him some help. You can volunteer to help him.)
3. Why does God want us to have time to relax? (So that we can spend time with our families and with God.)

**"TODAY'S STORY" (from Exodus 18)  
For Children's Cell Lesson #4**

**This week's key verse:**

"This job is too heavy a burden for you to handle all by yourself" (Exodus 18:18).

**Moses Gets His Family Back**

Moses was a very busy pastor! God's people were traveling around in the wilderness, and Moses had to take care of all of them. Whenever people had questions or disagreements about anything, Moses would meet with them to help work things out. The people would stand in line outside Moses' tent all day and wait to talk with him. Moses would talk to the people about the Word of God so that they could make the right decisions.

Moses and his wife, Zipporah, had two sons, whose names were Gershom and Eliezer. Moses had sent his family to live with Zipporah's father, Jethro. One day Jethro came out to the wilderness to visit with Moses to see what he was doing. Jethro brought Zipporah and the boys along for the visit.

Jethro was so surprised to see the long line of people outside Moses' tent! The people were taking up all Moses' time. Jethro was sure that if Moses kept working so hard, soon he would be too tired to work at all. Then what would happen to Moses' family?

Jethro sat down and talked to Moses. Most of the time, Moses was giving advice, but now someone wise was giving advice to him. Jethro knew that Moses could not do everything. Everyone needs help some of the time. Jethro told Moses to get some honest men to help him. They would do the easy jobs, and Moses would do the hard jobs.

Moses and Zipporah were so happy. Now Zipporah did not have to go back to her father's house, and the children could spend time with their daddy again!